

# BEHAVIORAL HEALTH NEWS & EVENTS



ISSUE 03 | JULY 2013



**Elyn Wilbur**  
Executive Director  
TAMHO

## Message from the Executive Director

Tennessee has initiated a Payment Reform Initiative that will transform the health care delivery system and the way it is paid over the next 3 -5 years. Tennessee is one of 15 states who received a "design grant" to design a system to move away from a fee-for-service model to one that is focused on outcomes and quality of care. Governor Haslam has said that this effort will require new relationships between users of healthcare, providers of healthcare and those who pay for healthcare. Governor Haslam said "by working together, we can make significant progress toward reducing medical costs and improving care."

Tennessee's initiative will include reforming payments for the 1.2 million TennCare enrollees and the 300,000 lives covered by the State Employee Health Plan. Insurance companies who do business with the state of TN are invited to participate by including their commercial lines of business in this initiative.

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<http://www.tamho.org>

There are several opportunities for stakeholder input in this major health care transformation and a series of public meetings scheduled to learn more about it. The schedule is shown on page 3 of this newsletter. There is extensive information available at <http://www.tn.gov/HCFCA/strategic.shtml>

We plan to be involved in the initiative and closely monitor its progress. We hope you will join us.

## TAMHO 2013 Legislative Update

*First session summary for the 108<sup>th</sup> Tennessee General Assembly*

**THE BUDGET** –When Governor Haslam introduced his \$32 billion budget in January he prioritized fully funding the Basic Education Program (BEP) and TennCare program growth; funding higher education based on outcomes; providing a salary increase for state employees; investing in long-deferred capital projects; and making significant deposits to the state's rainy day fund. He did this by using new state revenues, revenue growth, and making small strategic cuts in various state departments and agencies. Once supplemented with the administration amendment to the appropriations bill, the Governor's budget proposal fully funded the Department of Mental Health and Substance Abuse Services including restoring all funding for peer support. When ultimately passed by the General Assembly, the adolescent alcohol and drug services funding was also restored on a one-time basis.

### SELECTED BILLS PASSED THIS YEAR INCLUDE . . .

- SB 180 / HB 174 – Public Chapter 0100 – Health Care: Misdemeanor charges for persons incompetent to stand trial
- SB789 / HB645 – Public Chapter 300 – Health Care: Reporting of a patient who makes an actual threat of bodily harm
- SB 442 / HB 880 – Public Chapter 32 – Health Care: Immunity to health care providers in certain situations
- SB 330 / HB 824 – Public Chapter 83 – Government Organization: Sunset for Department of Mental Health and Substance Abuse Services
- SB355 / HB 825 – Public Chapter 128 – Government Organization: Sunset for Statewide Policy and Planning Council
- SB 424 / HB 355 – Public Chapter 190 – Professions and Licensure: Functions performed by Alcohol and Drug Abuse Counselors in Tennessee
- SB 459 / HB 277 – Public Chapter 398 – Family Law: Safe Harbor Act of 2013

- SB 529 / HB 49 – Public Chapter 396 – Professions and Licensure: Practicing medicine or surgery without a license
- SB676 / HB 1264 – Public Chapter 430 – Health Care: Pain Clinics controlled substances prescription changes

This list is not intended to be all-inclusive. It is a selection of bills we consider to be of interest to our readership. For detailed information about these or other bills, visit <http://www.capitol.tn.gov/legislation> or <http://www.state.tn.us/mental/policy/pdfs/2013%20Legislative%20Summary%200513.pdf>. The public chapters are accessible via <http://www.tn.gov/sos/acts/index> by number or subject matter.

**WHAT'S NEXT** – The second session of the 108<sup>th</sup> General Assembly is set to begin on January 14, 2014. The Speaker and Lt. Gov have again committed to a rapid pace and have encouraged legislators to plan their legislative package well in advance of session beginning. The 15 bill limit for House members is expected to continue, and we expect that session will adjourn by early to mid-April.

**FOR A LISTING OF STATE LAWS THAT TAKE EFFECT JULY 1, 2013, VISIT –**  
[http://www.capitol.tn.gov/legislation/publications/effective%207\\_1\\_2013.pdf](http://www.capitol.tn.gov/legislation/publications/effective%207_1_2013.pdf)

## Governor Names Jim Henry Permanent DCS Chief

Jim Henry, who was named the temporary head of the troubled Department of Children's Services in February, will now assume the role permanently. Gov. Bill Haslam announced this morning.



**Jim Henry**  
Commissioner  
Tennessee Department  
of Children's Services

Henry had held dual roles as interim commissioner of DCS and commissioner of the Department of Intellectual and Developmental Disabilities since Feb. 5.

## EXECUTIVE COMMITTEE

### President

Charles Good | Frontier Health

### President Elect

Robert N. Vero, Ed.D. | Centerstone of Tennessee

### Immediate Past President

Gene Lawrence | Southeast Mental Health Center

### Treasurer

Andy Black | Helen Ross McNabb Center

### Secretary

Robert D. Vaughn | Carey Counseling Center

## REGULAR MEMBERS

### Alliance Healthcare Services

Memphis | Gene Lawrence, Executive Director

### Carey Counseling Center

Paris | Robert D. Vaughn, Executive Director

### Case Management, Inc.

Memphis | E. Florence Hervey, Chief Executive Officer

### Centerstone of Tennessee |

Nashville | Robert N. Vero, EdD, Chief Executive Officer

### Cherokee Health Systems

Knoxville | Dennis S. Freeman, PhD, Executive Director

### Frontier Health

Gray | Charles Good, CEO

### Helen Ross McNabb Center

Knoxville | Andy Black, CEO

### Pathways Behavioral Health Services

Jackson | Pam Henson, Executive Director

### Peninsula—a Division of Parkwest Medical Center

Knoxville | Jeff Dice, Vice Pres. – Behavioral Services

### Professional Care Services of West TN, Inc.

Covington | Paul Shaver, Interim Executive Director

### Quinco Mental Health Center

Bolivar | Darvis Gallaher, PhD, Executive Director

### Ridgeview

Oak Ridge | Robert J. Benning, Chief Executive Officer

### Volunteer Behavioral Health Care System

Murfreesboro | Chris Wyre, CEO/President

## ASSOCIATE MEMBERS

### Vanderbilt Community Mental Health Center

Nashville | Candace Tillquist, Neurosciences  
Administrator

## AFFILIATE MEMBERS

### AIM Center

Chattanooga | Rodney Battles, President

### Generations Mental Health Center

McMinnville | Kathy G. Campbell, President/CEO

### Grace House of Memphis

Memphis | Charlotte Hoppers, Executive Director

### Lowenstein House, Inc.

Memphis | June Winston, Executive Director

### Mental Health Cooperative

Nashville | Pam Womack, Executive Director

### Park Center, Inc.

Nashville | Barbara S. Quinn, President/CEO

## TAMHO STAFF

Executive Director | Ellyn Wilbur

Director of Policy and Advocacy | Alysia Williams

Director of Member Services | Teresa Fuqua

Office Manager | Laura B. Jean

He was appointed to DCS by Haslam after the abrupt departure of former DCS chief Kate O'Day, who resigned amid growing controversies over how the agency handled child deaths, the large scale firing of more than 70 executive-level staffers, a child abuse hotline that lost callers to long wait times and violence at its youth detention centers.

Henry will step down from DIDD on June 1. Debra Payne, currently a deputy commissioner at DIDD, will take over as commissioner of that agency, which oversees services for adults with intellectual disabilities. "These two departments handle some of the state's most difficult work concerning our most vulnerable citizens," Haslam noted in a press release. The appointments are effective June 1. [Reprint | Written by Anita Wadhvani, The Tennessean]

## New DCS Director of Health Advocacy in the Division of Child Health

Mary Rolando will be the new DCS Director of Health Advocacy in the Division of Child Health effective July 2. She replaces Mary Beth Franklyn who moved to the Treasury Department earlier this year.

## TWFA Announces Campaign to Publicize Human Trafficking Hotline

1-855-55-TNHTH (1-855-558-6484) | [www.stopsextraffickingtn.com](http://www.stopsextraffickingtn.com)

The sex trafficking of Tennessee's citizens is a sad reality – one predominantly being perpetrated against women and girls. The average age of children being forced into the commercial sex trade is 13-years-old. It is one of the fastest growing crimes in America. According to a 2011 report by the Tennessee Bureau of Investigation, 85 percent of the counties in Tennessee have reported at least one case of human sex trafficking and in many counties, quite a few reports have been made.

Representatives from the Tennessee Women's Funds Alliance recently announced the launch of a statewide public awareness campaign designed to educate Tennesseans about the crime and to publicize the **Tennessee Human Trafficking Resource Center Hotline**. The hotline number is **1-855-558-6484**. The confidential hotline provides a lifeline for victims to seek help. It also allows persons who suspect someone is a victim of sex trafficking or who witness activity they believe may be related to sex trafficking to report that activity on a confidential basis. Trained professionals staff the hotline and can separate victims from their abusers and get victims to agencies and resources for the help they need.

If you have any suspicion a child is a sex trafficking victim—Take action now.  
**Trafficking Hotline: 1-855-558-6484**

For more information, visit: <http://stopsextraffickingtn.com/>

## Approved Budget Includes Funding for New Recovery Courts

*Courts will help address needs of non-violent offenders with mental health or substance abuse issues*

The Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS) will create nine "recovery courts" to combat mental health and substance abuse issues in Tennessee.

Recovery courts are specialized courts or court calendars that incorporate intensive judicial supervision, treatment services, sanctions, and incentives to address the needs of addicted nonviolent offenders, and the approved Fiscal Year 2013-2014 budget included \$1.56 million for the nine new courts.

The courts that will be created through this funding will combine the services currently found in drug courts with those of mental health courts and veterans courts. Around the nation, most of these kinds of courts exist separately, but in Tennessee, the services will be integrated in an effort to combine similar issues of mental health, substance abuse, and veterans affairs in one location and to best utilize the available funds.

“We are facing a major prescription drug problem in our state,” TDMHSAS Commissioner Douglas Varney said. “We need to focus all of our resources in the most efficient, effective, and collaborative way to maximize our impact on this issue and drug abuse overall. And because so many people who are dealing with a substance abuse issue also have a mental health issue – a situation referred to as a co-occurring disorder – these recovery courts will be able to help them get all the help that they need at one time and in one location.”

The target population comprises juvenile and adult offenders who meet the criteria of the Drug Court Program and voluntarily want to participate in it. The staff of each Drug Court work to ensure that defendants have the support of the justice system and access to treatment and recovery services that will address their substance abuse problems and needs.

While the locations of the new courts has not been determined, members of the TDMHSAS Office of Criminal Justice Services, part of the Division of Substance Abuse Services, have been working with community leaders around the state – including judges, district attorneys, public defenders, treatment providers, faith-based organizations, parole/probation offices, veterans officials, and others – to determine the best possible sites. Once these locations are finalized, an announcement will be forthcoming.

## TAMHO Leadership Explores the “Arkansas Plan” for Medicaid Expansion

*Tom Petrizzo, CEO of Ozark Guidance in Bentonville, Arkansas provides Insight for what is on the horizon for the State of Arkansas*

Guest speaker, Tom Petrizzo, CEO of Ozark Guidance in northwest Arkansas, recently met with the TAMHO Board of Directors to share information about the “Arkansas Plan” for Medicaid Expansion, related CMS waiver information, the anticipated impact on uncompensated care and on the services funded by the Arkansas Division of Behavioral Health Services and its provider system. As we await a decision on Medicaid Expansion in Tennessee and whether a Tennessee Plan would mirror the Arkansas Plan, we found this session to be very informative.

## Certified Peer Recovery Specialist Program Launched

Tennessee has launched a new program to allow individuals with lived experience in mental health or substance use disorders to become certified to provide peer services to others. With a new focus on co-occurring disorders, the training curriculum has been newly developed and training is underway across the state to certify additional Peer Recovery Specialists. Other resource materials that are available include a new Handbook of Guidelines, Standards and Procedures, and a new Certified Peer Recovery Specialist Workbook. For more information, visit the website: <http://www.tn.gov/mental/recovery/oca1.html>

## Jeff Fladen Joins NAMI Tennessee



K. Jeff Fladen

Executive Director  
NAMI Tennessee

NAMI Tennessee is pleased to announce the appointment of K. Jeff Fladen, MSW to the position of Executive Director, effective June 1, 2013. Mr. Fladen was formerly the Executive Director of the Jewish Federation of New Hampshire and the Executive Director of Jewish Family Service in Nashville. He has more than 25 years experience in social services and the mental health field. He has worked in several mental health and substance abuse service settings. He holds a Masters in Social Work and a B.A. in Psychology from The Ohio State University. President of the Board, Mr. Richard P. Baxter notes, “We are looking forward to Mr. Fladen directing NAMI Tennessee to accomplish our mission.”

NAMI Tennessee is a grass roots, non-profit self-help organization made up of people with mental illness, their families and community members. We are dedicated to improving quality of life for people with mental illness and their families through support, education and advocacy. NAMI Tennessee is a chartered State Organization of NAMI (National Alliance on Mental Illness). NAMI and NAMI Tennessee are separate and distinct entities bonded by common transparency, accountability and responsibility to our members and the public. NAMI Tennessee is funded in part by an agreement with the State of Tennessee. For further information, please contact Anne Pouliot, Information Coordinator at NAMI Tennessee (615) 361-6608 or [apouliot@namitn.org](mailto:apouliot@namitn.org)

TENNESSEE ASSOCIATION OF MENTAL HEALTH ORGANIZATIONS

## The Voice for Behavioral Healthcare in Tennessee

“Keeping the Promise” since 1958.

The Tennessee Association of Mental Health Organizations (TAMHO) is a statewide trade association representing Community Mental Health Centers and other non-profit corporations that provide behavioral health services. These organizations meet the needs of Tennessee citizens of all ages who have mental illness and/or an addiction disorder. The TAMHO member organizations have been the virtual cornerstone of the Tennessee community-based behavioral health system since the 1950s and continue today as the primary provider network for community based care in Tennessee.

TAMHO member organizations provide mental health and addictions services to 90,000 of Tennessee’s most vulnerable citizens each month. Services provided by the TAMHO network include:

**Prevention, Education and Wellness:** Includes programs for the prevention of addictions, violence, and suicide; early intervention; mental health and drug courts, jail diversion and community re-entry initiatives.

**Psychiatric Rehabilitation:** Programs that include peer support, illness management and recovery services, supported employment, and supported housing.

**Community Based Services:** Services include mental health case management, Programs for Community Treatment (PACT), intensive in-home services, school based services, therapeutic foster care, and jail liaison services

**Clinic Based Services:** Services include psychiatric evaluation and medication management; monitoring of core health indicators; individual, couples and family psychotherapy; psychological assessment; specialized treatments for trauma and addiction disorders and co-occurring disorders; partial hospitalization; intensive outpatient services; and forensic services.

**Residential Services:** Includes residential treatment services, group homes, independent housing.

**Inpatient Services:** Includes hospital based mental health and addiction disorder treatment services.

**Crisis Services:** Includes clinic based walk-in services, hospital based emergency evaluation, mobile crisis services, crisis respite, and crisis stabilization services.



The TAMHO mission is to serve its members, promote the advancement of effective behavioral health services, and advocate for people in need of care. To achieve this mission, the TAMHO Board of Directors formulates an agenda each year that is designed to improve the effectiveness of treatment and support services for people with mental illness and to increase access to these services throughout the state.

## Important Dates and Events

Please visit the TAMHO website calendar page at <http://www.tamho.org> for the most current listing of TAMHO meetings and events.



### August 28

The TAMHO Symposium – *Responding to the Behavioral Health Needs of Children and Families in Tennessee* | Hotel Preston / Nashville, Tennessee | visit [www.tamho.org/tamho-admin/cms\\_pushdoc.php?fileId=220](http://www.tamho.org/tamho-admin/cms_pushdoc.php?fileId=220)

### August 28

The TAMHO Symposium – *Security, Privacy, and Contingency Planning* | Hotel Preston / Nashville, Tennessee | visit [www.tamho.org/tamho-admin/cms\\_pushdoc.php?fileId=217](http://www.tamho.org/tamho-admin/cms_pushdoc.php?fileId=217)

### December 3-4, 2013

TAMHO Annual Conference | Embassy Suites Hotel and Conference Center | Murfreesboro, Tennessee | **SAVE THE DATE** – Details Forthcoming

### July 15-16

Early Childhood Summit | Music City Center / Nashville, Tennessee | visit <http://tnsummit2013.wordpress.com/> for details

### July 25, 2013

Statewide System of Care Conference | Embassy Suites Hotel and Conference Center | Murfreesboro, Tennessee

### August 29

Tennessee Voices for Children Presents World Premier Documentary Film | Belcourt Theatre / Nashville, Tennessee | For more information contact TVC at (615) 269-7751 or visit [www.tvoices.org](http://www.tvoices.org).

### September 16-17

Hill Day – National Council for Behavioral Health / Washington, D.C. | visit [www.thenationalcouncil.org](http://www.thenationalcouncil.org) for details

### September 22-25

MTAADAC Journey Together Conference | Sheraton Music City Hotel / Nashville, Tennessee | visit [mtaadac.org](http://mtaadac.org) for details

Contact the TAMHO Office to add your statewide or national conference promotional information.

## TAMHO Celebrates the Life and Legacy of Dr. Jim Causey

TAMHO has lost one of its most beloved leaders



Jim Causey, Ph.D.

TAMHO celebrates the life and legacy of Dr. Jim Causey. Dr. Causey was the Executive Director of Professional Care Services (PCS) of West TN from 1995 to 2013 and a true advocate who fought for the rights of consumers with mental illness, including services necessary for them to be healthy and to live in safe communities. He brought over \$17 million dollars to West Tennessee through the Creating Homes Initiative and helped provide housing for more than 1,500 individuals. He established the PCS Care Net Fund to help cover prescription drug costs for indigent mental health consumers. He also established the Thomas N. Rhem Scholarship Fund in 2003 that has awarded over \$75,000 to students

pursuing behavioral health degrees.

Dr. Causey was a faithful member of TAMHO. During his 18 years of service, he held the title of Board President for two terms, Regional Vice-President for two terms and Chairperson of the Legislative Committee for three terms, as well as serving on a host of other committees. He received TAMHO's 2011 Volunteer Leadership Award and was a recipient of the TAMHO Distinguished Service Award. This award is given to recognize extraordinary and long-standing dedication and achievement for the community - based behavioral healthcare system at the community and state levels.

Dr. Causey will be remembered for his courage in accepting any challenge and his way of challenging his staff to remove obstacles that stand in the way of consumers getting what they need. He will be remembered for his skills on the golf course and his love for hunting, but most of all he will be remembered for his advocacy and service to those with mental illness.

## DSM-5 Training Draws Professionals From Across the State

Nearly 400 professional convene for an overview by Dr. K. Dayle Jones

TAMHO, in coordination with the Tennessee Licensed Professional Counselors Association (TLPCA), Trevecca Nazarene University and the Tennessee Association of Alcohol, Drug & Other Addiction Services (TAADAS) brought Dr. Dayle Jones, with the University of Central Florida and the Former ACA DSM-5 Task Force Chair, to Nashville to train nearly 400 clinicians on the new DSM-5 manual released in May 2013. This two-day workshop provided a comprehensive overview of the manual, its developmental process, new organizational structure, and the major diagnostic changes.

## Fast Facts

Fascinating facts and interesting information



In fiscal year 2012, parents reported increased stability of children's living situations after receiving behavioral health services. 98.6% of the 15,844 youth surveyed were able to stay in a private residence.

Of the 9,223 adults surveyed in fiscal year 2012, 89% reported satisfaction with the services they received at a TAMHO member organization.

## Tennessee Co-Occurring Disorders Collaborative (TNCODC)

### *TDMHSAS Grant Renewed*

The Tennessee Co-Occurring Disorders Collaborative continues to bring education and awareness of the impact of COD on individuals, families, and communities and to promote HOPE, ACCESS TO CARE, and RECOVERY. During FY2012-13, grant funded activities included providing outreach to more than 18,700 individuals throughout Tennessee. Attention to education and awareness continues and priorities are shifting to the development of promotional materials and an independent website focused solely on co-occurring disorder information and initiatives in Tennessee. The Steering Committee recently received notice that TAMHO has been awarded a continuation grant to continue the work of the Collaborative. Thanks to all of the Steering Committee members and advocates for making this first year a great success.

Contact Teresa Fuqua, Grant Administrator, at the TAMHO office for additional information ([tfuqua@tamho.org](mailto:tfuqua@tamho.org); 615/244-2220 ext. 14 or toll free in Tennessee at 800-568-2642 ext. 14).

**STEERING COMMITTEE CHAIRMAN** Randy Jessee, Ph.D., Senior Vice President Specialty Services, Frontier Health, Gray

**GRANT ADMINISTRATOR** Teresa Fuqua, Tennessee Association of Mental Health Organizations

**NAMI TENNESSEE CO-FOUNDING ORGANIZATION OF THE TENNESSEE CO-OCCURRING DISORDERS COLLABORATIVE** K. Jeff Fladen, MSW, Executive Director, NAMI Tennessee, Nashville | Dick Baxter, Ph.D., President, NAMI Tennessee | Robin Nobling, Executive Director, NAMI Davidson County, Nashville

**TENNESSEE ASSOCIATION OF MENTAL HEALTH ORGANIZATIONS (TAMHO) CO-FOUNDING ORGANIZATION OF THE TENNESSEE CO-OCCURRING DISORDERS COLLABORATIVE** Randy Jessee, Ph.D., Senior Vice President Specialty Services, Frontier Health, Gray | Jim Jones, Clinical Manager/Crisis Manager, Pathways, Jackson | Vickie Harden, Senior Vice President for Clinical Services, Volunteer Behavioral Health Care System, Murfreesboro | Vickie Griffey, Coordinator A&D Carey Counseling Center, Paris | Teresa Fuqua, Director of Member Services, TAMHO, Nashville | Ellyn Wilbur, Executive Director, TAMHO, Nashville

**TENNESSEE DEPARTMENT OF MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES (TDMHSAS)** Rod Bragg, Assistant Commissioner, Division of Substance Abuse Services, Nashville | Sejal West, Assistant Commissioner, Division of Mental Health Services, Nashville | Ken Horvath, Co-Occurring Disorders Specialist, Division of Substance Abuse Services, Nashville | Angela McKinney Jones, Director of Prevention Services, Division of Substance Abuse Services, Nashville

**TENNESSEE ASSOCIATION OF ALCOHOL, DRUG & OTHER ADDICTION SERVICES (TAADAS)** Mary Linden Salter, Executive Director, TAADAS | Debbie Hillin, President, TAADAS, Nashville | Charlotte Hoppers, Executive Director Grace House, Memphis

**TENNESSEE VOICES FOR CHILDREN (TVC)** Charlotte Bryson, Executive Director, Nashville

**TENNESSEE COALITION FOR MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES** Robert J. Benning, Chairman (CEO, Ridgeview, Oak Ridge)

**TENNESSEE ASSOCIATION OF ALCOHOL AND DRUG ABUSE COUNSELORS (TAADAC)** Toby Abrahms, President, Nashville | Charlie Hiatt, River City Counseling, Chattanooga

**MENTAL HEALTH AMERICA OF MIDDLE TENNESSEE (Formerly Mental Health Association of Middle TN)** Tom Starling, Ed.D., President/CEO, Nashville

**TENNESSEE MENTAL HEALTH CONSUMERS' ASSOCIATION (TMHCA)** Anthony Fox, Executive Director, Nashville | Carolina George, Nashville

*The TNCODC is funded by a grant from the State of Tennessee, Department of Mental Health and Substance Abuse Services (TDMHSAS).*

## People in the News

Notable Achievements at TAMHO Member Agencies

### Peer Support Centers Serve as a Lifeline to its Members

#### *Horizons of Bolivar Highlighted*

The network of 42 Peer Support Centers across the state of Tennessee continues to be a valuable asset to the mental health community. The Horizons Peer Support Center in Bolivar, TN which opened its doors less than a year ago, has begun publishing a consumer-run newsletter for its membership. The first issue describes the enriching activities that are taking place for peers. The Hardeman County Ambulance Services EMTs trained peers in CPR and First Aid. "Everyone participated knowing they were learning how to save someone's life." Peers have also participated in several community service projects. Two include cleaning the building and yard of the Carl Perkins Center for Child Abuse and entertaining residents at Pine Meadows Rehabilitation Center. Peers have also flexed their creative and physical skills, displaying their arts and crafts projects and playing a fun game of basketball game at the Bolivar First Baptist Church Gym.

Peer support centers provide their members with a sense of home and family by offering support, education, skill development and fellowship opportunities to bring fulfillment to their lives.

Horizons of Bolivar Peer Support Center is sponsored by Quinco Mental Health Center and is open Tuesday through Friday from 8:00 AM – 4:00 PM. For more information about the services at Horizons of Bolivar contact Shirley Kelley at 731-403-3000 or to locate other peer support centers across the state visit [www.recoverywithinreach.org](http://www.recoverywithinreach.org).

## Women to Watch – Class of 2013 – Nashville Medical News

*Pam Womack, MSSW, Chief Executive Officer, Mental Health Cooperative, Nashville, Tennessee*



"I discovered my passion for mental illness and recovery at the age of 17 when I wrote a term paper on schizophrenia," Pam Womack said of a freshman assignment at Ole Miss. Her

interest in behavioral health had already been piqued by her mother, a nurse working

with the mentally ill, but was solidified through her studies, which later included a master's degree in social work. By age 20, she had landed a job at the state hospital in Memphis. "From that point forward I knew I wanted to work with people who had serious and chronic mental illnesses like schizophrenia, bipolar disorder and major depression."

That resolve has never wavered during the decades Womack has served some of the state's most vulnerable citizens struggling with the dual challenges of serious mental illness and poverty. "If you have passion, you will be successful," she said.

Two mentors helped shape her approach to care. Womack's first boss in Memphis impressed upon her a sense of urgency. "When people with a serious mental illness realize they need help, they need quick attention from mental health professionals," she said. The second mentor, a Nashville business leader, underscored the need for financial sustainability. "He helped me realize that in addition to providing timely, quality care, it's critical to look for cost savings and evaluate productivity like a for-profit business would."

Taking this passionate but pragmatic approach, Womack has been widely recognized for her innovative programming. During her 14-year tenure as director of Community Services for the Tennessee Department of Mental Health, she served as principal author for the department's master plan.

In 1993, she helped found the Mental Health Cooperative (MHC) to serve a population in Davidson County whose voices were rarely heard. MHC offers evidence-based care that includes intensive, community-based case management, psychotherapy, mobile crisis services and 24-hour emergency care. In two decades, MHC has expanded from 60 staff members helping 300 in Davidson County to almost 500 serving nearly 20,000 clients in 24 Middle Tennessee counties.

Womack has helped establish a collaborative spirit among agencies that come into contact with the seriously mentally ill. She introduced a partnership with the Metro Nashville Police Department to make MHC the agency of record for immediate mental health triage and for launching an evidence-based, integrated health model for TennCare and indigent patients.

"Talking with clients and seeing their progress toward recovery is the best part of each day," Womack said. Finding the resources to care for those with great need and little or no insurance continues to be the most challenging part.

An avid runner, Womack noted she likes to stay fit by doing jazzercise, hiking and climbing mountains. She means that last part literally ... she climbed Mount Kilimanjaro four years ago with her best friend, Jane. The two are planning a repeat trip in 2015 to celebrate their birthdays ... Womack's 70th and her friend's 75th. In the interim, the two completed a 28-day trek through Nepal and climbed 17,000 feet to the Mount Everest Base Camp.

Pam loves spending time with her only child, daughter Adrienne, who has continued the family passion for behavioral health as a psychiatric advance practice nurse.

Clearly grateful for her life, Womack said that kind of fulfillment isn't out of reach for MHC's clients. "Mental illness doesn't have to be the central focus of their life," she stressed. With a helping hand, those with mental illness can do more than just survive ... they can thrive.

## Centerstone and Unity Physician Partners Form Joint Venture to Enhance Patient Care

*Unique partnership connects primary care and mental health providers to improve patient outcomes and make healthcare more efficient*

Unity Physician Partners and Centerstone Health Partners, a subsidiary of Centerstone, have joined forces to improve patient care and enhance the quality of healthcare across the U.S. The organizations have formed a joint venture that will care for medically underserved patients with physical and behavioral healthcare needs by establishing integrated care clinics.

"We know the vital connection between physical and mental health, but for decades, primary care and mental health providers have not effectively collaborated," said David C. Guth, Jr., Centerstone CEO. "Our goal with this joint venture is to eliminate this disconnect, creating a bridge that allows primary care and mental health providers to work together to improve the overall health of our patients."

Through their unique joint venture, Centerstone and Unity will explore a clinical model that addresses whole health to achieve better patient outcomes by opening integrated care offices that feature both primary care and behavioral health providers. Having these providers co-located in a common clinic will create opportunities for needed collaboration and improved care coordination.

"Provider collaboration is essential to enhancing patient outcomes and reducing healthcare costs," said Michael Bailey, Chairman and CEO of Unity Physician Partners. "Through this joint venture, Unity and Centerstone are creating an environment in which primary care and mental health providers have access to the expertise and services they need to meet the overall health needs of their patients. Our integrated clinics will help providers better address the mental health concerns that may be exacerbating patients' physical health problems and the physical health issues that may be compromising patients' mental health." The joint venture will begin by establishing Unity primary care physician offices in six existing Centerstone locations – four in Tennessee and two in Indiana. These clinics will open in the third quarter of 2013.

Once these locations are opened, Centerstone and Unity expect to open five to six integrated care locations every six months. Clinics will be located at existing Centerstone offices in Tennessee and Indiana, as well as new sites in these states. The joint venture also will seek to partner with providers in other states to expand into communities across the country.

"Linking the physical and mental healthcare worlds is essential to the future of healthcare," said Dr. James Geraughty from Unity. "This unique partnership between Unity and Centerstone creates a much needed infrastructure for this connection. It will enable communication among providers and help ensure better care and faster, more accurate diagnoses for patients with complex co-occurring physical and mental health conditions."

Centerstone, a not for profit organization, is one of the nation's largest providers of community based behavioral healthcare. It provides a full range of mental health, addiction and related educational services to more than 75,000 individuals of all ages each year. The organization has nearly 130 facilities and 220 partnership locations throughout Tennessee and Indiana.

With years of experience in physical health, managed care and practice management, founders Michael Bailey, James Geraughty and Jeff Bogle increasingly saw a disconnect between the treatment of physical and mental healthcare. They realized that to be truly effective, a patient—and their illnesses—must be treated as a whole. In order to address this problem, they founded Unity Physician Partners to create integrated healthcare clinics focused on whole health and collaborative treatment.

"In addition to combining our primary care and behavioral healthcare capabilities, this collaboration brings together Unity's and Centerstone's collective research, operations and technology expertise," said Debbie Cagle, CEO of Centerstone Health Partners. "We see a tremendous opportunity to transform healthcare across our country, and we hope to establish a national model for integrated care by partnering with other like-minded organizations in the months and years to come."

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## Earl Medley "Hits the Road" After 35 Years of Service

*Colleagues and loved ones gather to send him off into retirement*



After 35 years of hard work and determination, it was time for Earl Medley to "hit the road". On April 10, colleagues and loved ones gathered to send longtime Fortwood Center CEO off into retirement. The retirement

reception was held at Fortwood Center's administrative building which is named in Medley's honor. Under Earl Medley's leadership, Fortwood Center is recognized for providing quality mental health care to its neighbors in the Chattanooga community.

During the reception, the Fortwood Center executive team and board members recounted years of service together and thanked Medley for his constant leadership and dedication to individuals

facing mental illness. At every turn, Medley's career was dedicated to serving their community's most vulnerable citizens.

To recognize the leading role Earl Medley has played in the Tennessee mental health community, Dean Karen Stowers of the University of Tennessee, College of Social Work, presented a new scholarship established in his name. The Earl Medley Endowed Scholarship will serve as a dedicated resource for students from the Greater Chattanooga community enrolled in the College of Social Work. Because it is an endowment, funds will be available year after year, insuring the best preparation for future generations of social workers. Dean Sowers stated, "Our students enter a field that will yield many rich rewards, but high salaries are not among them. They cannot afford to graduate with student loan debt, and financial aid is vitally important." Medley has been an incredible asset to the field of social work as a 1964 graduate of the Master's Program in the UT College of Social Work, and as a founding member of the College Board of Visitors. The Fortwood Center has also served as an exceptional field placement for students, and that is due in no small part to Earl's vision and dedication to education.



Along with Earl Medley's many colleagues and friends, TAMHO extends its deepest gratitude for 34 years of service on the TAMHO Board of Directors, serving on and chairing numerous committees over the years and as President during the 2001-2002 term, and wishes him the very best in his retirement.

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## Jeff Dice Announces Retirement

*Peninsula announces the promotion of Liz Clary, RN to Vice President of Behavioral Health*

Peninsula, a division of Parkwest, has announced the retirement of Jeff Dice in August 2013. Jeff has been the Vice President of Behavioral Health for several years and has proven to be a tremendous asset to Peninsula as a visionary leader. Jeff has also been very involved with TAMHO, having served a two year term as Secretary.

Liz Clary, RN, will assume the same position upon Jeff's retirement. Liz has been with Covenant Health for more than 30 years, including 26 years at Methodist Medical Center of Oak Ridge. Her professional background includes operations, strategic planning, program development, fiscal management, physician relations and supervision, all with a strong value system and focus on high quality patient care and staff development and support. Liz will be directly responsible for leadership and day-to-day administration for Peninsula outpatient clinics and consultative leadership for Peninsula Hospital and the Senior Behavioral Unit at Parkwest.

## National Council for Behavioral Health - Hill Day 2013—

*Susan Dentzer to discuss future directions for U.S. health and budget policy;*

*Launch of the National Council Advocacy Leadership Awards*

When it comes to national healthcare policy, we live in a rapidly changing world. Health reform, parity, and new delivery and payment structures will have a profound and lasting impact on behavioral health providers. **So what do we do to prepare?**



As the author Isaac Asimov once said, “No sensible decision can be made without taking into account not only the world as it is, but the world as it will be.”

**Learn about the future of U.S health and budget policy – and what it means for you – at Hill Day 2013.** The National Council is pleased to announce this year’s keynote speaker, Susan Dentzer, a noted healthcare journalist and the immediate past editor-in-chief of Health Affairs. Ms. Dentzer will help you make sense of upcoming changes and glean insights into what’s ahead, presenting a complete and concise picture of where we’ve been, where we’re headed, and the potential economic and political implications of current health policy trends.

**Don’t miss this chance to hear from one of the healthcare field’s most respected analysts – register for Hill Day today!**

Susan Dentzer is the immediate past editor-in-chief of Health Affairs, the nation’s leading journal on health policy. Dentzer was an on-air correspondent with The NewsHour with Jim Lehrer on the Public Broadcasting Service (PBS) for ten years. She led a unit dedicated to providing in-depth coverage of health care, health policy and Social Security. At NewsHour, Dentzer and the health unit were the recipients of multiple awards, including awards for an April 2005 piece, “Wounded Warrior,” about a paralyzed and brain damaged soldier who was severely wounded in Iraq, and a 1999 report on schizophrenia. Prior to joining The NewsHour in 1998, Dentzer was chief economics correspondent and economics columnist for U.S. News & World Report, where she served from 1987 to 1997. Additionally, Dentzer has appeared as an analyst or commentator on several networks.

### The National Council’s Advocacy Leadership Awards

Over the years, we have seen every day the amazing achievements behavioral health advocates – providers, consumers, family members – make when they put their talents and their energies behind important changes to public policy. That’s why there is so much excitement in announcing the launch of the National Council’s Advocacy Leadership Awards. These prestigious awards will recognize outstanding achievements in behavioral health policy and advocacy over the last year. The Advocacy Leadership Awards will recognize and celebrate individuals and organizations who are changing the face of behavioral healthcare, and who are leading the charge to expand access to services and supports for individuals living with mental illness and substance use conditions.

We encourage you to apply today for one of these awards! Submissions are free and open to all. Visit their Awards website for more details on each of the three awards categories: Award for Exceptional Individual Achievement in Advocacy | Award for Outstanding Organizational Leadership in Advocacy | Award for Visionary Leadership in Behavioral Health by an Elected Official.

The deadline for submission of your online application is **July 22, 2013**. For additional questions or support, please contact Kara Sweeney at [KaraS@thenationalcouncil.org](mailto:KaraS@thenationalcouncil.org) or 202-684-7457 ext. 223.

Awards Website –  
<http://echo4.bluehornet.com/ct/21510548:23178548049:m:1:1362578061:83855832079E648AD79C9B41CA0E28C6:r>

National Council for Community Behavioral Healthcare | 1701 K Street NW Suite 400 | Washington DC | 20006 | Phone: 202.684.7457 | Email: [Communications@thenationalcouncil.org](mailto:Communications@thenationalcouncil.org)

## New Federal Website and SAMHSA's Toolkit for Community Conversations About Mental Health Announced

U.S. Department of Health and Human Services Secretary Kathleen Sebelius has announced the launch of MentalHealth.gov as an online resource for people looking for information about mental health. This website provides information about the signs of mental illness, how individuals can seek help, and how communities can host conversations about mental health. The website also features videos from a number of individuals sharing their stories about mental illness, recovery, and hope.

SAMHSA will release a *Toolkit for Community Conversations About Mental Health* to support communities interested in holding discussions about mental health using consistent information and approaches. The Toolkit has three parts: an "Information Brief," a "Discussion Guide" and an "Organizing Guide." These components will help communities and individuals start a conversation about mental health and help identify innovative and creative actions to meet the mental health needs of our Nation.

Through MentalHealth.gov and SAMHSA's *Toolkit for Community Conversations About Mental Health*, we can all work together to provide youth and adults accurate information about the prevention and treatment of mental health conditions, coupled with open spaces to tell their stories, ask for help, share their successes, and support one another. These conversations will also give us a venue to highlight the importance of recovery, support those in recovery, and offer opportunities for everyone to see that recovery is possible.

The entire SAMHSA *Toolkit for Community Conversations About Mental Health* will be available soon via the SAMHSA website, the SAMHSA Store, and MentalHealth.gov. The Information Brief section of the Toolkit is available for print and electronic download on the SAMHSA Store and at [www.mentalhealth.gov/talk/community-conversation/index.html](http://www.mentalhealth.gov/talk/community-conversation/index.html).

## Substance Abuse and Mental Health Workforce Issues

*A Report to Congress*

This publication provides an overview of the facts and issues affecting the substance abuse and mental health workforce in America. It presents demographic data on the workforce, major factors that impact the workforce, and efforts to address workforce challenges. Visit <http://store.samhsa.gov/product/PEP13-RTC-BHWORk> to access the publication.

## Important Information about the Health Insurance Marketplace

The Obama Administration has launched a new education effort to help Americans prepare for open enrollment and sign up for private health insurance later this year.

A 24 hour a day consumer call center is now available at 1-800-318-2596. Hearing impaired callers using TTY/TDD technology can dial 1-800-889-4325 for assistance.

Dates to Remember:

**October 1, 2013:** Marketplace open enrollment starts

**January 1, 2014:** Health coverage can start

**March 31, 2014:** Open enrollment ends

For more information, visit [www.Healthcare.gov](http://www.Healthcare.gov).

## TAMHO Annual Conference

December 3<sup>rd</sup> & 4<sup>th</sup>, 2013 | Embassy Suites Hotel and Conference Center, Murfreesboro, Tennessee

With the implementation of the Affordable Care Act, there is increased discussion about the importance of integrating care to improve outcomes and efficiencies. We are excited to bring national experts to TN to discuss different approaches to integrated care.

### Conference Highlights

- KEYNOTE SESSIONS
  - INTEGRATED CARE – Pediatric Primary Care/Behavioral Health – Nadine Burke Harris, MD, MPH, CEO, Center for Youth Wellness (*sponsored in partnership with the Tennessee Department of Health, Maternal and Child Health Division*)
  - INTEGRATED CARE – Primary Care/Behavioral Health – Kathleen Reynolds, Consultant, National Council for Behavioral Health
  - INTEGRATED CARE – Co-Occurring Disorders – Kenneth Minkoff, MD, Trainer and Consultant on Clinical Services and Systems Design for Co-Occurring Disorders
- AWARDS & RECOGNITION LUNCHEON & CEREMONY
- NETWORKING OPPORTUNITIES | SPONSORSHIP, EXHIBITING, & ADVERTISING OPPORTUNITIES
- TAMHO BOARD OF DIRECTORS ANNUAL BUSINESS MEETING

### Call for Nominations for the 2013 Awards and Recognition Program

TAMHO's **Call for Nominations** is now available on the TAMHO website at [www.tamho.org](http://www.tamho.org). Staff of TAMHO member organizations are eligible to submit nominations for consideration.

### Call for Sponsorships, Exhibitors, and Advertisers

COMING SOON –The TAMHO **Call for Sponsors, Exhibitors, and Advertisers** will soon be available. Please watch your email for distribution of this important opportunity.

### Preliminary Program and Registration Information

COMING SOON –The TAMHO **Annual Conference Preliminary Program** and registration materials are in process and will soon be available for distribution. Mark your calendar for December 3-4, 2013 and keep a watch for conference details.

**The voice for behavioral healthcare in Tennessee.**

*... serving communities since 1958.*

Visit TAMHO online at . . .

[www.tamho.org](http://www.tamho.org)

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## The TAMHO Symposium

*Security, Privacy, and Contingency Planning | August 28, 2013 | Hotel Preston, Nashville, Tennessee*

In response to requests for training in this area, TAMHO has designed this Symposium to focus on best practices related to privacy, security and contingency plans, with an overview of HIPAA and HITECH requirements, focusing especially on the new elements in the law including the Notice of Privacy Practice, Risk Assessment, Business Associates, and Breach. Areas to be covered include:

**Essential Steps with the HIPAA Omnibus Final Rules** | David Hilley, J.D., hilleyhealth, Nashville, TN | David will provide an overview of changes in HHS regulations for HIPAA/HITECH compliance, and identify action items for health providers to work toward compliance. Some business associate agreements are grandfathered until 2014, but you should review your contracts and operations NOW.

**Security Concerns in Your IT Environment** | Tim Curtis, ProAccura, Nashville, TN | Tim will address issues of access and security and your connectivity in a Web-based environment, introducing participants to security issues within new trends (clouds, big data) in healthcare.

**The Key Elements Your Behavioral Health Organization's Contingency Plan Must Address** | John Hilley, Patmos LLC, Nashville, TN | Developing efficient and effective contingency plan strategies across your mental health organization reduces the impact of a business interruption, the costs associated with compliance and the potential impact on your reputation. This session addresses the most important matters to address in ensuring your organization remaining open for business and in compliance with the HIPAA Security Rule Standard.

[Click here](#) for registration and Symposium details are available online.

[Click here](#) to access online registration available through Eventbrite.

## The TAMHO Symposium

*Responding to the Behavioral Health Needs of Children and Families in Tennessee | August 28, 2013 | Hotel Preston, Nashville, Tennessee*

MARK YOUR CALENDAR AND MAKE PLANS TO ATTEND. | REGISTRATION AND SYMPOSIUM DETAILS ARE FORTHCOMING.

**Best Practice Guidelines: Trauma-Informed Care Overview** | "Behavioral Health Guidelines for Children and Adolescents from Birth to 17 Years of Age," has been revised from the 2008 version. Join as TDMHSAS shares information from one of the newly published categories: Trauma-Informed Care.

**Trauma-Informed Learning Collaborative** | The Centers of Excellence for Children in State Custody have worked with organizations to disseminate Trauma-Informed Evidence Based Practices across the state of Tennessee. This session will highlight that process and provide case studies on how Trauma-Informed Cognitive Behavioral Therapy (CBT) and Attachment, Self-Regulation, Competence (ARC) have been implemented within agencies to help children and families.

**Showcase: Child & Adolescent Evidence-Based Practices** | Three TAMHO member agencies—Centerstone, Frontier Health and Helen Ross McNabb—will present their best practices in addressing the behavioral health needs of children, youth and their families. Centerstone will focus on their intensive In-home Services, Frontier Health will focus on their School-Based Behavioral Health program and Helen Ross McNabb will focus on their Co-Occurring Prevention and Treatment continuum which ranges from community-based outpatient to high intensity residential treatment.

**Human Trafficking in Tennessee** | This session will include an overview of how Tennessee is responding to the issue of Human Trafficking, including recent legislation enacted during the last legislative session. A panel discussion will include representatives from the Tennessee Bureau of Investigation, Magdalene House, the Sexual Assault Center and others who will share insights into best practices in identifying and responding to the needs of those who have been impacted by trafficking.

[Click here](#) for a SAVE THE DATE flyer.

**COMING SOON** – registration and Symposium details and online registration available through Eventbrite. Watch your email and/or visit the TAMHO website ([www.tamho.org](http://www.tamho.org)) for updates.

## BEHAVIORAL HEALTH NEWS & EVENTS

The Behavioral Health News & Events is a newsletter publication produced by the Tennessee Association of Mental Health Organizations (TAMHO) that is edited and published quarterly by TAMHO. It is distributed electronically to behavioral health professionals, advocates, members of the Tennessee General Assembly and representatives of various State Departments of Government, as well as key stakeholders in the provision of behavioral health products and services procured by behavioral health agencies, and numerous individuals in local communities and throughout the state and nation who have an interest in the advancement of behavioral health in Tennessee.

TAMHO does not currently accept advertising for inclusion in the Behavioral Health News & Events Newsletter but does recognize the support of sponsors of various projects and events by placement of their logos in the newsletter. Please contact the TAMHO office to learn more about sponsorship opportunities.

Information provided within the Newsletter does not imply support or endorsement in any way by TAMHO and/or its member organizations.



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Please contact the TAMHO office for more information about TAMHO, member organizations, collaborative arrangements with TAMHO, or contributing to the content of future editions of the Newsletter.