



# Directions to TAMHO Office

## COMING FROM THE WEST:

From I-40, take Exit #210c (2nd and 4th Avenues). At the second traffic light, take a left on 2nd Avenue. Proceed for a couple of blocks and take a right on Middleton. Take the first left on Rutledge. TAMHO is the second building from the corner on the right side (42 Rutledge).

## COMING FROM THE EAST:

From I-40, take Exit #210c (2nd and 4th Avenues). Take a right at the first traffic light on to 2nd Avenue. Proceed for a couple of blocks and take a right on Middleton. Take the first left on Rutledge. TAMHO is the second building from the corner on the right side (42 Rutledge).

## COMING FROM THE SOUTH:

Take I-65 North until it joins up with I-40 East. Immediately after the two interstates meet, take Exit #210c (2nd and 4th Avenues). At the second traffic light, take a left on 2nd Avenue. Proceed for a couple of blocks and take a right on Middleton. Take the first left on Rutledge. TAMHO is the second building from the corner on the right side (42 Rutledge).

## COMING FROM THE NORTH:

Take I-65 South until it joins up with I-40 West. Take Exit #210c (2nd and 4th Avenues). Take a right at the first traffic light on to 2nd Avenue. Proceed for a couple of blocks and take a right on Middleton. Take the first left on Rutledge. TAMHO is the second building from the corner on the right side (42 Rutledge).

## PARKING:

Free street parking is available on Rutledge Street, Middleton Street or to the rear of the TAMHO building. To reach the rear parking lot, proceed down Middleton past Rutledge and turn left into the driveway. The middle lot on the left side is the TAMHO parking area.

42 Rutledge Street  
Nashville, TN 37210-2043

[www.tamho.org](http://www.tamho.org)

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