

# Youth Villages- Safety & Treatment Planning

Today's Date: \_\_\_\_\_ Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_  
Caregiver: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_  
Location being secured with safety planning: \_\_\_\_\_

**Child's Behaviors That You Want to Change or Prevent** (What has your child done today or in the past that may be unsafe?):\_

**Possible Reasons Child Might Display Unsafe Behaviors** (Include key specific reasons in the child, peer, family, school or community that may cause the behavior):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Ideas For Preventing Another Crisis From Occurring:** (Things that would be practiced on a daily basis, when a crisis is not happening, to prevent a crisis from starting? Ex. Regular practice of coping skills, check in by parent, weekly family meetings, etc.):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**Signs Of Crisis For This Child** (describe child's behaviors & appearance before/leading up to a crisis):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Managing A Crisis When It Is Occurring:** (Specific steps to take when you see the signs and symptoms worsening. Ex. Call supports, remove other children/pets, time out, etc.):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

*Avoid:* \_\_\_\_\_

## Key People in Child or Family's Life and Ways They Can Help:

Name (Neighbors, family, friends, pastor, positive staff at facility, PO, CM)	Support they can provide (Help supervise, phone support, respite, help setting rules, help reinforce positive behavior of child, etc.)
1.	
2.	
3.	
4.	

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**Special Supervision Plans and Responsible Parties** (i.e. - specific supervision needs (before, during, after school), instructions for using sharp items, med. administration, etc.):

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**Safety Sweep And Removal Of Means To Target Present Risky Behavior:** (What is available in home/facility that may be unsafe for child having a crisis?):

- |  |   |
|--|---|
| <input type="checkbox"/> Guns and bullets                    | <input type="checkbox"/> Alcohol          |
| <input type="checkbox"/> Prescribed medications              | <input type="checkbox"/> Knives or sharps |
| <input type="checkbox"/> Household items (cleaning products) | <input type="checkbox"/> Other: _____     |
| <input type="checkbox"/> Illegal drugs                       | <input type="checkbox"/> Other: _____     |
| <input type="checkbox"/> Over the counter medications        | <input type="checkbox"/> Other: _____     |

**How/Where Will Items Be Secured; Who Is Responsible For Securing The Items; When the Items will be secured:**

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**Plans For Long-Term Stability Of Child** (What needs to be done by the child, family and crisis counselor within the next 24 hours to get the safety plan going?):

**Plan #1:** \_\_\_\_\_

**Plan #2:** \_\_\_\_\_

**Plan #3:** \_\_\_\_\_

**Potential Barriers to the safety plan being successful:**

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**Steps to Address the Barriers:**

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**Contact the Crisis Team: (Phone # \_\_\_\_\_) if above interventions are unsuccessful or additional referrals are needed.**

**Contact Police or EMS if youth has a weapon or medical attention is needed.**

**Clinical Follow-Up** (Describe follow up to be provided by Crisis Team Staff):

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**My signature below indicates I have reviewed and agree to this safety plan.** (The safety plan is created to be followed for 24-72 hours after the crisis assessment or until an appointment with mental health provider)

\_\_\_\_\_  
Client

\_\_\_\_\_  
Caregiver/Custodian

\_\_\_\_\_  
Crisis Counselor

\_\_\_\_\_  
Caregiver/Custodian

\_\_\_\_\_  
Facility Staff Member

\_\_\_\_\_  
Other Involved Adult